# Checkley <br> Cricket <br> Club 

## JUNIOR KIT GUIDE

## Cricket Bats



Cricket coaches, suppliers and manufacturers are of the same opinion, selecting the correct size bat is fundamental to developing the correct technique in young cricketers. It is imperative that the bat is not too heavy or too long, as this will hinder correct stroke play and accurate technical performance. Junior cricket bats are specifically designed to meet these criteria.

| bat size | approx age | height of batsman | bat length | bat width |
| :---: | :---: | :---: | :---: | :---: |
| 1 | 4-5 | to 4'3' | $251 / 4$ " | $31 / 2$ " |
| 2 | 6-7 | 4'3-4'6" | $273 / 4 "$ | $31 / 2$ " |
| 3 | 8 | 4'6-4'9" | $283 / 4 "$ | $33 / 4 "$ |
| 4 | 9-11 | 4'9-4'11" | $293 / 4 "$ | $33 / 4 "$ |
| 5 | 10-12 | 4'11-5'2" | $303 / 4 "$ | 4" |
| 6 | 11-13 | 5'2-5'6" | $313 / 4 "$ | 4" |
| Harrow | 12-14 | 5'6-5'9" | $323 / 4$ " | $41 / 6$ " |
| Full SH | 15+ | 5'9-6'2" | $331 / 2{ }^{\prime \prime}$ | $41 / 4$ " |
| Full LH | 15+ | over 6'2" | 34 3/8" | $41 / 4$ " |

## Batting \& Wicket Keeping Pads



This is a problematic area because sizes can vary slightly between different brands. The important measurement is between the centre of the knee cap to the instep, around where the tongue of the shoe fits.


| to fit | length |
| :---: | :---: |
| Small Boys | $30-32 \mathrm{~cm}$ |
| Boys | $32-35 \mathrm{~cm}$ |
| Youths | $36-38 \mathrm{~cm}$ |
| Mens | $39-43 \mathrm{~cm}$ |
| Large Mens | $44-48 \mathrm{~cm}$ |

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## Batting \& Wicket Keeping Gloves



Yet another difficult area, but we hope this guide will be of help. The significant measurement begins at the start of the wrist and follows a direct line to the tip of the longest finger. However this is only a guide and it is important that the glove feels comfortable to wear.


| to fit | length |
| :---: | :--- |
| Small Boys | 165 cm |
| Boys | 175 cm |
| Youths | 190 cm |
| Mens | 210 cm |
| Large Mens | 225 cm |

Cricket Helmets


To get an accurate fit for your helmet, it is necessary to measure around the middle of the forehead just above the eyebrows, continue around the sides keeping just above the ears, to the 'bump' on the back of the head. A correctly fitting helmet should feel secure but comfortable with no unnecessary movement in any direction. The helmet should always be fastened with the chin strap for added security.

| to fit | head <br> circumference |
| :---: | :---: |
| Small Boys | $51-52 \mathrm{~cm}$ |
| Boys | $53-54 \mathrm{~cm}$ |
| Youths | $54-56 \mathrm{~cm}$ |
| Small Mens | $56-58 \mathrm{~cm}$ |
| Mens | $58-60 \mathrm{~cm}$ |
| Large Mens | $60-62 \mathrm{~cm}$ |

